

## Youth Faith Resources Available Online

These youth faith resources are meant to help youth explore their faith in God, ask questions, and reflect on what it is to be a follower of Jesus in our world today. Questions? Please contact Brendan Nelson, Director of Children's, Youth, and Family Ministry [brendan@peacetacoma.org](mailto:brendan@peacetacoma.org) or Jae Bates, Intergenerational Outreach Coordinator [jae@peacetacoma.org](mailto:jae@peacetacoma.org).

ELCA Faith Formation <https://www.ministrylinks.online/faith-at-home.html>. Check this source website from the Evangelical Lutheran Church in America for resources for living a life of faith as individuals and families at home.

### Video Sources:

- **The Bible Project - a video production organization that creates beautifully animated videos that dives deeply into themes, words, characters, and stories in the Bible to explain them in a simple way for people to understand**
- **Nadia Bolz-Weber - a public theologian of the Evangelical Lutheran Church in America (ELCA)**
- **Mike McHargue aka "Science Mike" - an author and member of the Liturgists Podcast and community who typically focuses on the intersection of science & spirituality.**

### Videos for 5<sup>th</sup> and 6<sup>th</sup> Graders & Middle School Youth

"Heaven and Earth" by the Bible Project <https://www.youtube.com/watch?v=Zy2AQIK6C5k> - a beautifully animated and informative explanation of the spaces of Heaven and Earth and what the Bible means when it refers to the two

"Holy Spirit" by the Bible Project <https://www.youtube.com/watch?v=oNNZO9i1Gjc> - an animated explanation of what the Holy Spirit is and means in the Bible.

"The Devil = Your Inner Critic" by Nadia Bolz-Weber - a quick reflection on self-criticism and shame and how to find more peace in our self-image through our relationship with God <https://www.youtube.com/watch?v=yQhscx6-d8I>

Discussion guide (questions for you to discuss with your kids):

- What is something new that you've learned from this video?
- Do you agree or disagree with what the video said? Why or why not?
- How does this help you understand faith and God better?
- What questions do you still have after watching this video?

## Videos for High School Youth

“Generosity” by the Bible Project <https://www.youtube.com/watch?v=62CliEkRCso&t=68s> - a beautifully animated video that discusses the way that the concept of “generosity” is thought of in the Bible.

“Peace Be with You (And Me)” by Nadia Bolz-Weber - a short video that discusses finding peace in conflict and reconciliation. How to give yourself and others grace throughout a conflict and find peace with yourself. <https://www.youtube.com/watch?v=XfPS189Fl-Y>

Nadia Bolz Weber ELCA 2018 Youth gathering - Nadia Bolz-Weber’s full speech during the ELCA Youth gathering <https://www.youtube.com/watch?v=YBtyZbauH0g>

\* This content discusses drug abuse/addiction, sexuality, mental illness, etc. If you have questions or follow comments you would like to discuss with church staff, please contact Brendan Nelson. \*

“The Devil = Your Inner Critic” by Nadia Bolz-Weber - a quick reflection on self-criticism and shame and how to find more peace in our self-image through our relationship with God

<https://www.youtube.com/watch?v=yQhscx6-d8I>

“Why does ‘God’ matter today? By Mike McHargue - a short discussion on why the belief in God is important and brings us peace from a scientific point of view

<https://www.youtube.com/watch?v=kZ8RxDBpajA>

“Heaven and Earth” by the Bible Project - a beautifully animated and informative explanation of the spaces of Heaven and Earth and what the Bible means when it refers to the two

<https://www.youtube.com/watch?v=Zy2AQIK6C5k>

“Holy Spirit” by the Bible Project <https://www.youtube.com/watch?v=oNNZO9i1Gjc> - an animated explanation of what the Holy Spirit is and means in the Bible.

Discussion questions:

- What is something new that you learned? What did you connect with?
- How does this help you understand faith and God better?
- What questions do you still have after watching this video?