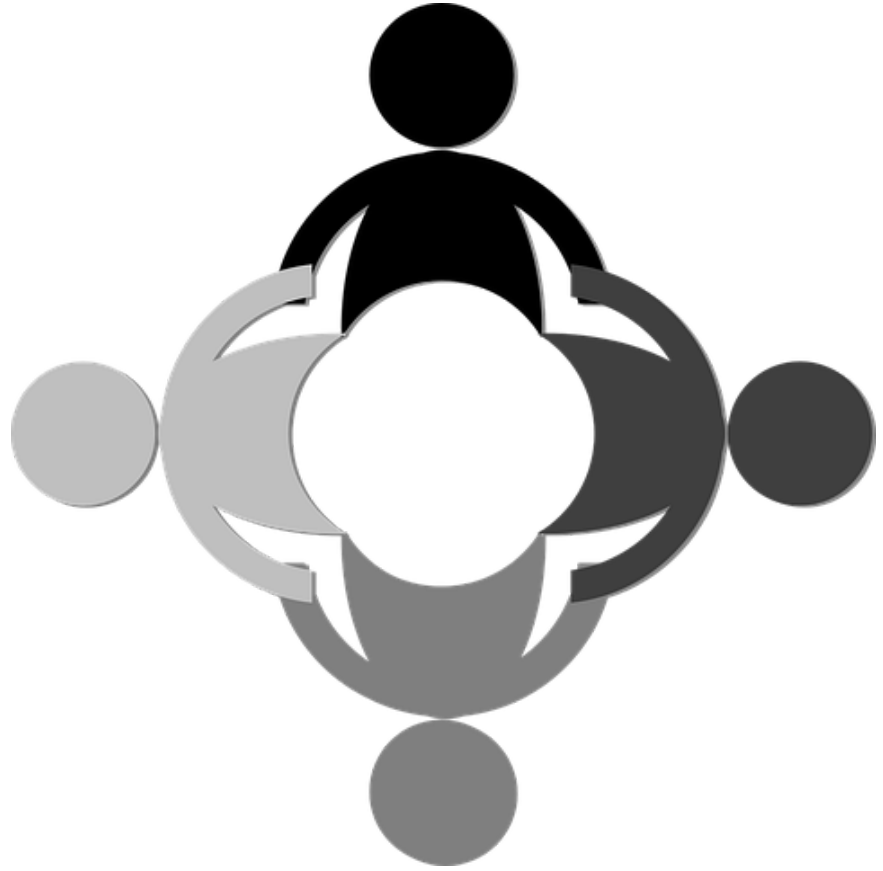


FOCUS GROUPS



A MINISTRY OF PEACE LUTHERAN CHURCH

2106 S CUSHMAN AVE, TACOMA WA
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(253) 383-1317

FALL 2021
Mid October to Mid November

Our 3 Fall Focus Groups

- Group 1 - Mondays: Let's talk about life, grief, death & dying!
 - Group 2 - Tuesdays: Non-Violence & Non-Resistance in a Violent World
 - Group 3 - Wednesdays: Coping with Covid 19
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Let's talk about life, grief, death & dying!

Are you looking for a place to have meaningful conversations? Interested in reading a book that will make you think, cry, grow and learn? Join us! In this group we will read portions of the book " With the End in Mind: Dying, Death, and Wisdom in an Age of Denial" by Kathryn Mannix. We will have meaningful conversations and talk about life, grief, death and dying. We will share our hearts and learn from each other. We will laugh, cry and get to know each other better. My hope is that when our group concludes we will have a deeper appreciation for life and a greater acceptance and understanding around death.

Preparation: Participants will need to come prepared having read the assigned pages before each session.

Materials: Required Book: With the End in Mind: Dying, Death, and Wisdom in an Age of Denial, by Kathryn Mannix, other materials: a notebook and pen

Facilitated by Charissa Carroll

Mondays, 6 - 7:30 pm via Zoom with the possibility of 1 in-person session using Peace's safety protocols

6 weeks: October 11, 18, 25 and November 1, 8, 15

Be wise as serpents and harmless as doves: questions of non-violence, non-resistance, and voluntary suffering in following Jesus in a violent world.

Gather with a small group from the Peace community to discuss interpretations of Christian scripture that advocate for non-violence, non-resistance, and voluntary suffering as valid ways of following Jesus, using texts from John Yoder, Martin Luther King, Jr., Walter Wink, and Rene Girard.

Preparation: Plan to set aside about 2 hours of reading time each week.

Materials: The texts for reading and discussion will arrive by e-mail, however these can be printed and delivered if needed.

Facilitated by Rick Trombley

Tuesdays, 7 - 8:30 pm via Zoom with the possibility of 1 in-person session using Peace's safety protocols

6 weeks: October 12, 19, 26 and November 2, 9, 16

Coping with COVID 19

Within the framework of the Covid pandemic we will discuss how to stay healthy, how to deal with stress and anxiety and how to find a path of gratitude.

Preparation: Plan to read the provided material each week ahead of our meeting.

Materials: Reading material for meetings will be provided via printed handouts or e-mail.

Facilitated by Alan Shelton, MD

Wednesdays, 7 - 8:30 pm via Zoom with the possibility of 1 in-person session using Peace's safety protocols

4 Weeks: October 27 and November 3, 10, 17

“Let us FOCUS on Jesus, the source and goal of our faith.” — Hebrews 12:2a

So, what is a FOCUS Group?

A small group (usually around 8-10 people)

Meets weekly for around 4 - 6 weeks

Focuses on a specific topic of following Jesus in daily life

Offers fellowship and support, meaningful conversation, scripture study, exploration of faith, and prayer

What FOCUS Groups would YOU like to see?

The FOCUS committee loves hearing your new ideas for FOCUS topics and we're always on the lookout for people who would like to facilitate a group. Have ideas? Interested in facilitating? Please contact Pat Ferguson, (253) 627-1349. Thanks for your thoughts!

What people are saying about FOCUS Groups –

“I think these are very valuable for building and deepening relationships within the Peace community.”

“Learning, self-discovery, awareness of background, perspective and feelings of others.”

“Has reconnected me with my church family and my prayer for an area of commitment.”

“Participating with the members and listening to their ideas. It has been a terrific, terrific experience.”

“It let us explore new ideas and new ways of thinking.”