

EVERYDAY MICRO ACTIONS

WITH THE HOPE OF EMPOWERING AND ENCOURAGING OUR CHURCH FAMILY DURING THESE TERRIFYING AND DIFFICULT TIMES, THE ANTI-RACISM COMMITTEE IS SHARING 7 IDEAS FOR RESISTANCE EVERY FIRST AND THIRD SUNDAY SERVICE. THESE ARE EVERYDAY MICRO ACTIONS WE CAN TAKE THAT COLLECTIVELY MAKE A HUGE IMPACT IN OUR COMMUNITY.

01

Demand MultiCare Mary Bridge Children's Hospital to resume medical gender affirming care for trans youth! [Sign this petition](#) calling on MultiCare to reverse their recent decision to stop new youth patients from accessing medical gender affirming care.



You can also join Tacoma DSA **Friday, Sept 12 at 4pm** at Wright Park for a rally to [defend trans kids](#) and demand Mary Bridge to not end gender affirming care.

02

Join [La Resistencia NW](#), in partnership with Defund Musk Seattle, on **Saturday, Sept 13 from 1-3pm** for a Solidarity Day in front of the Northwest Detention Center. Solidarity days are an essential piece in the fight to shut down the NWDC and free all detained individuals.



To learn more about these events, and other future opportunities to join the fight, follow La Resistencia on Instagram.

03

Support the work of the [Pierce County Immigration Alliance \(PCIA\)](#) by attending their benefit show on **Saturday, Sept. 20 at 7:30pm** at Real Art Tacoma. The PCIA is part of a national grassroots movement that advocates and fights for legalization for all, demilitarizing the border, the end of the exploitation of undocumented workers, etc. To learn more, visit the website [Legalization for All](#).



04

Attend the [Community's Police Advisory Committee Community Forum](#) on **Saturday, Sept. 20 from 2-4pm** at the Tacoma Public Library, Moore Branch. This advisory committee is a "policy-focused committee that works to ensure transparency and accountability in how the TPD operates."



You can learn more about who the CPAC is and what they do, understand how to submit complaints about TPD, share experiences with policing in Tacoma, learn how to get involved, and make your voice heard.

05

September is National Suicide Prevention Awareness Month. Join Tacoma Area Coalition of Individuals (TACID) on **Thursday, Sept. 25 from 6-8pm** for an evening of "open and honest community conversation with a powerful panel of Black mental health advocates." The conversation will focus on mental health, self-care, and healing. To learn more about the event, [check out this flyer](#).



06

[Save this list of warmlines](#) that avoid police involvement. A warmline is for those who are not in crisis, but who need additional mental and emotional support; they are often peer and volunteer-run organizations and partners.



The online page, Inclusive Therapists, has put together a list of warmlines that can be easily shared, whether you save the numbers directly in your phone or save a copy of the flyer that can easily be sent out. Please share widely!

07

Celebrate wins! This past August, the Franklin Pierce School District (FPSD) cancelled their contract with the Pierce County Sheriff's Department. With the Pierce County sheriff's actions affirming the work of ICE, the community organized tirelessly this summer to ensure that all FPSD families and kids are safe, and that ICE and its collaborators remain out of their schools. On August 14, the FPSD school board reviewed the joint community letter and petition, and voted to cancel the contract with the Pierce County sheriff's department.

