

EVERYDAY MICRO ACTIONS

WITH THE HOPE OF EMPOWERING AND ENCOURAGING OUR CHURCH FAMILY DURING THESE TERRIFYING AND DIFFICULT TIMES, THE ANTI-RACISM COMMITTEE IS SHARING 7 IDEAS FOR RESISTANCE EVERY FIRST AND THIRD SUNDAY SERVICE. THESE ARE EVERYDAY MICRO ACTIONS WE CAN TAKE THAT COLLECTIVELY MAKE A HUGE IMPACT IN OUR COMMUNITY.

01

LEARN & TAKE ACTION: This administration is purchasing and converting a number of large warehouses and industrial facilities for mass detention. Join Detention Watch on **Wednesday, March 18 at 4pm** for a webinar to discuss resistance to ICE warehouses. The webinar will share an overview of the government's plans for these warehouses, verified locations, potential impacts, and ways we can push back. [Register for the webinar HERE.](#)



02

LEARN & ENGAGE: If you ever wondered how you can volunteer at and support rallies and protests, Indivisible Tacoma is hosting a FREE de-escalation and safety training on **Saturday, March 21 from 3-5:30pm** at the Tacoma Community House. This is a great opportunity to learn how to step in when there is conflict or how to maintain safety at local events. To learn more about this training, follow [Indivisible Tacoma](#) on social media.



03

TAKE ACTION & RALLY: Join the next "No Kings" rally and protest on **Saturday, March 28 from 1-3pm** at Wright Park. "No Kings" is a national day of action and mass mobilization in response to this administration's unjust and cruel acts of violence. There will be live music, community art, speeches from activists, and a wide array of local organizations. To learn more, follow the [LINK HERE.](#)



04

ENGAGE: Every Friday, Peace Lutheran Church hosts the Peace Cafe from 3-5pm and welcomes all our neighbors for some refreshments, games, movies and fellowship. The Friday evening meal follows right after.

These community dinners usually have enough leftovers to be packaged and shared with our unhoused neighbors. Brendan Nelson is looking for additional volunteers to help distribute these meals Friday night. If you can volunteer, reach out to Brendan at brendan@peacetacoma.org for more information.

05

DONATE: If you are looking for ways to support the Iranian families and communities impacted by the attacks on Iran, please consider donating through Moms Against Poverty, a nonpolitical, nonreligious humanitarian organization. Moms Against Poverty is one of the very few still able to provide direct aid, food and basic provisions to Iranians through their long-standing partnership with local NGO, Nikgaman Jamshid Charity. They were also able to get a U.S. sanctions waver, which is rare, so please share this widely.

Consider making a meaningful donation by clicking on [THIS LINK.](#)



06

PAUSE & LEARN: As we engage in conversations about Iran and Palestine, it is crucial for us to be mindful of the language we use, also known as decolonising our language. For example, instead of saying "Middle East," which was born out of European-centric ideology, we can say SWANA (SW Asia and N Africa).

This terminology guide from [Rabet by PIPD](#) (The Palestine Institute for Public Diplomacy) breaks down commonly used words to talk about Iran and Palestine. Follow them to learn more!



07

TAKE ACTION: Tell Congress to hold ICE accountable for rights of pregnant women in detention! There have been countless reports of cruel and inhumane treatment of people who are detained; and many of these reports detail terrible treatment and conditions for those who are pregnant. [There have been reports](#) of medical neglect, mothers being separated from their newborns, unsafe conditions for breastfeeding, shackling women during labor, and so much more devastating stories. This needs to end. [Sign the petition today!](#)

