

# EVERYDAY MICRO ACTIONS

**WITH THE HOPE OF EMPOWERING AND ENCOURAGING OUR CHURCH FAMILY DURING THESE TERRIFYING AND DIFFICULT TIMES, THE ANTI-RACISM COMMITTEE IS SHARING 7 IDEAS FOR RESISTANCE EVERY FIRST AND THIRD SUNDAY SERVICE. THESE ARE EVERYDAY MICRO ACTIONS WE CAN TAKE THAT COLLECTIVELY MAKE A HUGE IMPACT IN OUR COMMUNITY.**

01

**RESOURCES:** While recent years has been triggering for many women and survivors of sexual and domestic abuse, the horrific news coming out this past week has especially been triggering. We put together a few resources for anyone questioning their safety, for those seeking support, for those wanting to talk, and for those wanting to listen:

- [General list of resources, programs and support in WA state](#)
- [Guide to compassionate response to disclosure](#)
- [How to help domestic violence victims](#)
- [Comprehensive guide from WSCADV](#) for family & friends who want to help a loved one
- [Our Sisters House](#) – local nonprofit supporting survivors of domestic violence & sexual assault
- [Rebuilding Hope](#) – Pierce County center with range of services, like survivor support groups
- [YWCA](#) – offers safe shelter and services for survivors of domestic violence
- [Love Is Respect](#) – confidential online support and education for teens and young adults

02

**TAKE ACTION:** [Submit public comment](#) by **Tuesday, April 21** and demand that the Department of Housing and Urban Development (HUD) keep mixed status families housed. HUD is proposing a new rule that would ban entire families from federally subsidized housing programs if even one person in the household cannot provide proof of eligibility. This is just another continuation of anti-immigrant policies that rely on stereotypes and myths of overutilization of social support programs by non-citizens. Make a comment telling HUD to withdraw this proposal!



03

**ENGAGE & LEARN:** With public lands under greater threat of resource extraction, it's important to join in conversations and actions that protect public lands, forests, species and the climate. [Indivisible Tacoma](#) is hosting an Earth Day panel on **Wednesday, April 22 at 6:30pm** at the Tahoma Unitarian Universalist Congregation (1115 S 56<sup>th</sup> St). Join Dave Upthegrove, WA Commissioner of Public Lands, and local environmental organizations/panelists as they discuss ways for greater advocacy.



04

**RALLY & TAKE ACTION:** Join the [May Day rally and march](#) on **Friday, May 1 at 4pm** at the Theater Plaza (915 Broadway). May Day, also known as International Workers' Day, is a day of advocacy and lifting up workers and labor organizing. Every year, people around the world join together for demonstrations and collective displays of solidarity and worker power. For more information about the May Day rally, please scan the QR for the event flyer.



05

**TAKE ACTION:** Malaya Tacoma is collecting signatures for a petition demanding ICE to get out of St. Joseph Medical Center and end the hospital's contract with the GEO Group. This contract allows ICE/GEO officers to sit in detainees' rooms and act as liaisons, but health workers and professionals have shared that this undermines their ability to treat patients. To learn more, [follow the link HERE](#).



06

**TAKE ACTION:** Contact the Tacoma Mayor, Anders Ibsen, and City Council members and tell them to keep the community form at City Council meetings. Community forums are essential opportunities for the public to bring concerns directly to City leadership, and the council is considering removing these forums. Follow [Indivisible Tacoma](#) for a script you can use and scan the QR code attached to email a comment. If you prefer to call directly, you can call 253-591-5100.



07

**DONATE:** Support [Palestinian-led mutual aid](#) on the frontlines in Gaza. From water trucks and community kitchens to farming, food distribution, and staying connected under siege, these groups have been organizing aid and rebuilding in real time. Attached is a list of just some of the mutual aid work happening on the ground, and these will allow you to donate directly to Gazans.

