

**Prayer for All Seasons from Seasons of Faith Series**  
**Peace Lutheran Church – Lent 2026**

Advent

- God, help us be of use to you. Show us practical ways to show your love.
- Lord God, as you patiently and lovingly wait for us to open our hearts to you so that your love may well up through us into the world as your love welled up into the world through Jesus, help us to trust in you and your faithfulness to bring us all home to you.
- Help us love one another as we love ourselves. We pray for justice to work with the prayers of the people united as one. For peace that passes all understanding when we don't know.
- Waiting for my son to turn his life around. Hoping to one day understand the other political party and have compassion for those whose values are different.
- Prayers that waiting will build endurance and perseverance and trust in you.
- Prayer for the now and the not yet: as we ache with yearning for everything to be made new, may we see where God's kingdom is already among us.
- Prayer to stay active in body, mind, and spirit in this time of now and not yet. In liminal spaces when we tend to be frozen, waiting for the not yet to arrive, help us stay nimble and intentional in helping bring God's kingdom (kin-dom) a little closer to reality.
- For patience and action in the wait.
- Help me wait for that special someone and to get my life back from people who try to control me. Prayers for all my friends.
- Prayers for peace – internal and external – and for acts of loving kindness
- Prayer to remember names better, go to God earlier, and be less demanding of myself.
- Thank you, Lord, for moving us to another apartment that is bigger and better than the other one, and thank you for our granddaughter.
- Prayers that we will learn from and follow the examples of the people and communities of Minnesota.
- Prayers as we wait to know next steps on the journey for folks in our family.
- Prayer that we recognize and name cruelty in our country and world and respond with kindness.
- For people's souls to be save nationwide – that we don't just think of ourselves and families and that we pray for non-believers, that God be with us all.
- Pray that God continues to hold and guide our world, country, community, families, and us during this time where we wait for God's justice, mercy, abundance, and grace. Let us never lose sight out our Lord God.
- God, I believe; help my unbelief. Help us, Lord, to see you in everything and to know you are active. Help us mount up on wings as eagles – renew our strength! Amen.

## Christmas

- I pray we recognize Christ in every child born in any place, crossing any imagined border. I pray we recognize Christ in every person, that we don't outgrow your image by our acts or in our aging. Mostly, I pray we transform our ways of being in relationship—from the personal to the political to the international—so those ways finally show that we do recognize you in each other, that we love you in each other.
- Father God, you sent your Son as he was destined to teach and love and then be a living sacrifice. He died that we might receive the grace of God. Help us to appreciate the gift of salvation and to reach out to others.
- Help us not to be afraid, help us to trust in Jesus and every moment walk in the Spirit. Help us be thankful for prayer, community, and meals. Help us make a joyful noise to the Lord (Psalm 100).
- Help us realize Bethlehem exists right outside our door every day.
- God, we know you are here now and you will come again in person. Help us to prepare for your return but while we wait open our eyes and hearts to find you every day in every place and person.
- Emmanuel (God With Us)! You came to me when I was most needy—most humbled—most vulnerable. Thanks you for the personification of you especially in someone from Nepal, Jamaica, Haiti, Liberia, Spanish-America, African America. Thanks you for the loving care that came in the form of your chosen. Thanks you for the ways you surround me in your love—friend and stranger.
- God, we pray for all those detained and deported, for all those separated from their loved ones, for Alex at NW Detention Center, his mom and siblings now deported, his stepdad in Alaska fearful of losing his job if he travels to Tacoma to visit Alex. For Christ's presence with each of them.
- Jesus, please help us to remember the broken, to accept the brokenness in us, and give us the courage to do something about it.
- Word Made Flesh, we are humbled, we are in awe, we are forever grateful, we rejoice, we live in hope because you chose to be humbled and show us who you are.
- I pray that we recognize everyone is our neighbor, God's creation.
- God help us see the reality of conditions around your gift of Jesus' birth and how people of today are experiencing this gift in our troubled times. How do I, how can I respond? Thank you for this profound gift of life.
- Gracious God, thank you for coming to us in those we consider the least. Grant that we may be surprised at how you manage to bring your love into the world even through our hearts. Even so, come, Lord Jesus.
- Lord, we ask that you help us respond to your world with humility and love, following the example of Jesus. Teach us to embrace all people as our brothers and sisters, all worthy of respect and care.

- We pray for social justice for the whole world, that everyone has access to food and medical treatment.
- We pray for this hard time in the world with people getting deported. Thank you for listening to our prayers. Watch over everyone and our children.
- We pray that folks experiencing homelessness are safe and warm each day.
- Lord, open our ears to hear, and our eyes to see, and our hearts to love. Amen.

### Epiphany

- Lord, help us to respond to your light, to find a new way to reflect love with courage, justice, peace, thanksgiving, and joy.
- Thank you. Thank you. Thank you. Thank you.
- Abba, praise and glory to you for things seen and unseen. May your light be ever brighter. May it be a guide to those who are lost, broken, or hurt. May your mercy and grace be upon all your children.
- Let us pray for the soul of our nation and may we live out that soul in ways that change our path and our understanding of compassion and justice. Burst open our capacity to be awestruck by your Word and your acts and your love.
- Let the joy of the Lord fill our hearts and reflect on our faces.
- Spirit of God, we ask you to continue to inhabit your people here at Peace. Give us dreams worthy of holy pursuit. Guide us on paths as yet unknown. Teach us to avoid the trickeries of “Herod.” Make our hearts tender and strong for your work in the world as we seek to follow Jesus.
- Dear God, help us to so trust in your love that we may persevere when darkness predominates, expecting that your light may shine both in and through our hearts.

### Lent

- Gracious God, we confess our complicity in your suffering and death on your way to the cross. We are silent when we should speak out against injustice. We benefit from systems that oppress others. We avoid taking personal actions of compassion and care, letting others do the work and make sacrifices in our stead. Forgive us, O God. Help us do better! Give us the courage to walk with you as you walk with us.
- God, in Jesus you are hero, conqueror, martyr, sacrificial lamb. You are everything and everywhere. If we follow, you lead, but also walk with us, beside us, among us. You take our pain and make it yours. Thank you for all your love.
- We pray that Jesus is walking with us with everything that is going on. We feel your love in Jesus. You show yourself through our kids.
- Father, help us to be open to allowing the Spirit of Jesus living in us freedom to move and act that your kingdom might break in through us. Help us to slow down and wait on you, listening with open ears, eyes wide open to those around us and hearts that are

soft and pliable to be transformed. May we see all those around us as your image bearers to be loved and not as means for our own needs.

- Dear God, thank you for walking with and for us and being willing to carry all our burdens. Remind me that you've got this. Ultimately you are in control and I don't need to feel burdened or worried.
- Thank you, Jesus, for stretching your arms as far as they will possibly stretch and beyond, for carrying every heavy burden of this life on your shoulders, for suffering with all those who are shut out, for dying undignified, mocked, stripped, and tortured – for me, for all, not worthy, sinners all.
- Gracious Lord, Jesus, help us to follow you in your loving on the way of your cross, that we may be joined to you and to the suffering of God in this present age in truth and love, so that our hearts may be open to your dwelling in us and loving through us to the opening of more hearts to your love.
- Help me through this tough time in my life right now. Help me grow closer to you.
- Help people who are unable to talk about their problems and let them know that they are not alone.
- I pray that we can see how Jesus walks with us, not in some kind of imaginary way, but in ways that feel real and relevant now.
- I pray that people wake up from their sleep and witness the truth of what war does to every human being on this planet. And I pray that we realize that when we are ruled by evil that there is no way to vote our way out of this. We need to find a better way and stop treating evil as an abstract and recognize it for what it is and fight it with every fiber of our being. In Jesus' name.
- Gracious God, in this season of Lent, we especially remember your giving and sacrifice of your son Jesus and the life of service Jesus lived on earth. May we keep these truths ever before us and in our hearts with gratitude. And seek to love and serve our neighbor as Jesus did. We give you thanks and praise for your love.
- God, help me to forgive myself the way you forgive me.
- Father God, we thank you for loving us and also thank you for never leaving us and also thank you for our family and also our church who never gave up on us. Bless this church and other churches in the name of your son Jesus Christ.
- May our prayers reflect the love of God. Help us recognize God's answer when it is different than what we expect and work to help us help bring it to complete fulfillment.
- Oh Lord God, today in church, we saw images of your crucifixion and it made my heart hurt. We can only imagine your pain and suffering – that you endured for all of us! Thank you, thank you, thank you! I will do my best to act and live as you wish. I love you beyond all others.
- The Lord is my Shepherd. He leads me and guides me in the right path on my life journey.

- I pray that every living person would know and trust in Jesus that they would know that their burdens could be lighter. I pray that people would live like Jesus and do what they can to help others and blessed their own lives in doing so.
- God, we all have Jesus with us, so help us give praise to him daily, all day in our spirit. Help us sing songs of praise, the enemy hates praises. Let the spirit of God be in all of us all our days daily to be guided in the way of Jesus.

### Easter

- God, I confess, I'm holding onto fear.
- Lord, take my doubt, my fear of what is beyond my control. Help me find joy and trust that I live because you live, and all is well.
- God, I'm holding onto my children. Help me give them to you and remember they have their own choice of their pathway in life. Help me to let go, to just love them and pray. Draw them close to Christ forever.
- God, I pray for complete healing with my children.
- I pray for things to get better, to either find a new job or things to get better. Help me get a new place that will be more comfortable for our whole family.
- We pray for healing within families of origin.
- Gracious God, as you have opened the way for us to follow Jesus, help us to take the steps to join Jesus in his suffering, loving those around us in such a way that hearts may be opened to you, that your light may shine in the dark places of our hearts and we may be raised in newness of life.
- Jesus, my heart is heavy for those who profess your name but don't walk in your way. For the nonbeliever who is hated by the believer. For hearts that are hardened toward you. For those religious leaders that use your holy Word for their own gain and agenda.
- Lord, help us love our unbelieving children and grandchildren to bring their troubles to you with our example of faith in you and the peace you bring.

### Pentecost

- Creator, thank you for reminding us that we are one. The Holy Spirit transcends language, crosses borders and binds us together. Remind us to carry you with us into our interactions.
- Gracious God, embrace and hold our broken hearts, our pained minds. Extend your mercy onto us as we try and try and try again to be the people you know we can become – one united in love, compassion, and justice.
- Dear Heavenly Father, hold us in your love, grace, and mercy. Give us the strength and fortitude to weather the storms on our horizons. Let us never forget your Word nor stray from your path.
- Lord, you are always with us. We are so thankful. Help us to truly love one another.

- I pray that God's people will be hearing the voice of God in prayer and reading the Word of God.
- Father, thank you and thank you for our family. Please forgive us for our sin. Please let us not judge others and also thank you for all the blessings you give us.
- Help us to have courage to see where we can make a difference in a hurting world.
- Dear Heavenly Father, thank you for your many blessings even when we don't deserve it. Thank you for holding to your Word which we learn. Thank you that faith does change things. We believe every word you say, and your love is everlasting.
- I pray that all join in community to care and love one another.
- Gracious Lord, thank you for your works and words that are lifted up through our works here at Peace in Friday meals and Sunday breakfasts. It is all done in your name alone.
- Heavenly Father, we pray for our world and our leaders to keep them safe.
- Be with us, gracious God, pour in us your Spirit to guide us and to lift us each and every day that we may extend your love to all.
- We pray for reconciliation of families torn apart, of countries in conflict with each other, and of every person who feels outcast.
- Gracious God, by your Holy Spirit, lead your church into so revealing the body of Christ in this present age that growing in love, your people might take the steps in following Jesus in the way of the cross that your suffering, the suffering of Jesus, and the suffering of your church may open hearts to your indwelling.
- A prayer for people of good moral courage to stand their ground, speak their truth, and hold others accountable. May it be so.
- We pray for all the people who are not here and all who feel misunderstood and for all who don't hear.
- Dear Lord, we don't thank you enough. We ask for help more. So today we want to thank you for all the amazing and beautiful experiences and people in our lives. We're so grateful and honestly joyful to have them all with us, to make us the people we are today. We trust you'll show us the way and do what is best for us and everyone around us. Thank you.
- Holy Spirit, help us to be the people you want us to be and to be the church you guide us to be. May we, like the disciples on Pentecost, also be able to connect in love and truth with people from any background and any life experience. May God's Spirit burn in our hearts in our own language, our own hearts' deepest way of speaking.
- Dear Lord, open our eyes to truly see the need of our neighbors, open our ears to hear their cries, open our minds to understanding, open our hearts to compassion, open our hands to serve and our arms to hold, and move our feet to follow your path.